



| Hiking Essentials | Clothing/Footwear |
|--|--|
| <input type="checkbox"/> Hiking Tent | <input type="checkbox"/> Gaiters |
| <input type="checkbox"/> Hiking Tarp | <input type="checkbox"/> Hiking Socks |
| <input type="checkbox"/> Hiking Pack | <input type="checkbox"/> Hiking Boots |
| <input type="checkbox"/> Hiking Pack Cover | <input type="checkbox"/> Base Layer |
| <input type="checkbox"/> Hiking Pack Liner | <input type="checkbox"/> Second Layer |
| <input type="checkbox"/> Hiking Dry Bags | <input type="checkbox"/> Third Layer |
| <input type="checkbox"/> Sleeping Bag | <input type="checkbox"/> Down Clothing |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Waterproof Jacket |
| <input type="checkbox"/> Sleeping bag Liner | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Hiking Stove | <input type="checkbox"/> Gloves |
| <input type="checkbox"/> Fuel Bottle | <input type="checkbox"/> Beanie |
| <input type="checkbox"/> Cooking Utensils | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Cooking Pots and pans | <input type="checkbox"/> Emergency Change Clothing |
| <input type="checkbox"/> Mess Kit | |
| <input type="checkbox"/> Food | |
| <input type="checkbox"/> Food Storage Containers | |
| <input type="checkbox"/> Rubbish Bags | |
| <input type="checkbox"/> Cutlery Set | |
| <input type="checkbox"/> Freeze Dried Food | Personal Items |
| <input type="checkbox"/> Drink Bottles | <input type="checkbox"/> Tooth Brush |
| <input type="checkbox"/> Hydration Bladder | <input type="checkbox"/> Toilet Paper |
| <input type="checkbox"/> Water Treatment | <input type="checkbox"/> Biodegradable Soap |
| <input type="checkbox"/> Compass | <input type="checkbox"/> Brush/Comb |
| <input type="checkbox"/> GPS | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Emergency Epirb Beacon | <input type="checkbox"/> Insect Repellent |
| <input type="checkbox"/> Map | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Map Case | <input type="checkbox"/> Lip Balm |
| <input type="checkbox"/> Guide Book | <input type="checkbox"/> Mobile Phone |
| <input type="checkbox"/> Head Lamp + Spare Battery's | <input type="checkbox"/> Pedometer |
| <input type="checkbox"/> Whistle | <input type="checkbox"/> Pocket Knife / Multi Tool |
| <input type="checkbox"/> Fire Steel | <input type="checkbox"/> Walking Pole |
| <input type="checkbox"/> Emergency Blanket | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Survival Bag | <input type="checkbox"/> Camera |
| <input type="checkbox"/> First aid Kit | <input type="checkbox"/> Binoculars |
| <input type="checkbox"/> Fuel Bottle | |
| <input type="checkbox"/> Repair / Spare Part Kit | |